Book of Prayers

P\_\_\_

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



**St \_\_\_\_\_\_\_\_\_ Primary**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Title of Prayer** | **P1** | **P2** | **P3** | **P4** | **P5** | **P6** | **P7** |
| Sign of the Cross | √ | √ | √ | √ | √ | √ | √ |
| Our Father | √ | √ | √ | √ | √ | √ | √ |
| Glory be to the Father | √ | √ | √ | √ | √ | √ | √ |
| Hail Mary | √ | √ | √ | √ | √ | √ | √ |
| Morning and Night Prayer | √ | √ | √ | √ | √ | √ | √ |
| Grace before and after meals (Veritas) | √ | √ | √ | √ | √ | √ | √ |
| Act of Sorrow |  | √ | √ | √ | √ | √ | √ |
| Simple Mass Responses |  | √ | √ | √ | √ | √ | √ |
| Eternal Rest |  |  | √ | √ | √ | √ | √ |
| Confiteor |  |  | √ | √ | √ | √ | √ |
| Gloria  |  |  | √ | √ | √ | √ | √ |
| Prayer to Guardian Angel |  |  | √ | √ | √ | √ | √ |
| Mysteries of the Rosary |  |  | J | S | G | JSG | L |
| All other Mass responses |  |  |  | √ | √ | √ | √ |
| Creed (Nicene) |  |  |  | √ | √ | √ | √ |
| Grace before and after meals (Traditional) |  |  |  |  | √ | √ | √ |
| Act of Sorrow (Traditional) |  |  |  |  | √ | √ | √ |
| Stations of the Cross |  |  |  |  | √ | √ | √ |
| The Angelus |  |  |  |  | √ | √ | √ |
| Prayer to the Holy Spirit (Traditional) |  |  |  |  |  | √ | √ |
| De Profundis |  |  |  |  |  | √ | √ |
| Memorare |  |  |  |  |  | √ | √ |
| Hail Holy Queen |  |  |  |  |  |  | √ |
| The Magnificat |  |  |  |  |  |  | √ |

**Prayer Grid**

The Our Father

Our Father, Who art in heaven
Hallowed be Thy Name;
Thy kingdom come,
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Guardian Angel Prayer

Angel of God,
my guardian dear,
To whom God's love
commits me here,
Ever this day,
be at my side,
To light and guard,
To rule and guide.

Amen.

The Angelus
V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.

   *Hail Mary, full of grace,
    The Lord is with Thee;
    Blessed art thou among women,
    And blessed is the fruit of thy womb, Jesus.
    Holy Mary, Mother of God,
    Pray for us sinners,
    Now and at the hour of our death. Amen*

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
   *Hail Mary, etc.*

V. And the Word was made Flesh.
R. And dwelt among us.
   *Hail Mary, etc.*

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

LET US PRAY
Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord.

Amen.

Glory be to the Father

Glory be to the Father,

and to the Son,

and to the Holy Spirit,

as it was in the beginning, is now,

and ever shall be,

world without end.

Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death.

Amen.

Eternal Rest

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them. May they rest in peace. Amen

May their souls and the souls of all the faithful departed,
through the mercy of God, rest in peace.

Amen

Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.

Holy, Holy

Holy, Holy, Holy, Lord God of hosts.

Heaven and Earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Confiteor

I confess to almighty God

and to you, my brothers and sisters,

that I have greatly sinned

in my thoughts and in my words,

in what I have done,

and in what I have failed to do;

through my fault, through my fault,

through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,

all the Angels and Saints,

and you, my brothers and sisters,

to pray for me to the Lord our God.

Lamb of God

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Lamb of God

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

and rose again on the third day in accordance with the scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

Niceno-Constantinopolitan Creed

I believe in one God,

The Father almighty,

Maker of heaven and earth,

Of all things visible and invisible.

I believe in one Lord Jesus Christ,

The Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God,

begotten, not made, consubstantial with the Father;

through him all things were made.

For us men and for our salvationHe came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.
 Send forth your Spirit, and they shall be created.
 And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

Act of Sorrow

O my God, I thank you for loving me.

I am sorry for all my sins, for not loving others and not loving you.

Help me to live like Jesus and not sin again.

Amen.

Or

O my God, because you are so good.

I am sorry that I have sinned against you;

and with your help I will not sin again.

Amen.

(traditional)

De Profundis

Out of the depths, I have cried unto Thee, O Lord; Lord, hear my voice.
Let Thine ears be attentive to the voice of my supplication.
If  Thou, O Lord, wilt mark our iniquities; Lord, who shall endure it?
For with Thee there is merciful forgiveness; and by reason of Thy law I have waited for Thee, O Lord.
My soul hath relied on His word; my soul hath hoped in the Lord.
From the morning watch even until night, let Israel hope in the Lord,
Because with the Lord there is mercy, and with Him plentiful redemption.
And He shall redeem Israel from all his iniquities.

Memorare

Remember O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Magnificat

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour;

for He has looked with favour on His lowly servant. From this day all generations

shall call me blessed. The Almighty has done great things for me, and holy is His

Name. He has mercy on those who fear Him in every generation. He has shown the

strength of His arm, He has scattered the proud in their conceit. He has cast down

the mighty from their thrones, and has lifted up the lowly. He has filled the

hungry with good things, and the rich He has sent away empty. He has come to the

help of His servant Israel for He has remembered His promise of mercy, the

promise He made to our fathers, to Abraham and his children forever.

Amen

Hail Holy Queen

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished [children](http://www.catholic.org/shopping/?category=28) of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary!

 Amen

Grace Before Meals

(traditional)

Bless us, O Lord, and these, Thy gifts, which we are about to receive from Thy bounty. Through Christ, our Lord.

Amen

Grace After Meals

(traditional)

We give Thee thanks, almighty God, for all Thy benefits, who livest and reignest for ever and ever.

Amen.

Grace Before Meals

(Veritas)

Bless us O God as we sit together, bless

the food we eat today, bless the hands

that made the food, bless us O

God.Amen.

Grace After Meals

(Veritas)

Thank you God for the food we have

eaten, thank you God for all our friends.

Thank you God for everything, thank

you God, Amen

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of Our Lord
4. The Presentation
5. The Finding of Jesus in the Temple

The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of The Holy Spirit
4. The Assumption
5. The Coronation

The Mysteries of Light

1. The Baptism of The Lord
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist